



THE GUNNAS GAZETTE

The Newsletter for
Clungunford
Volume 21 • Issue 1
September 2017

**Friday 15th
September 2017
Clungunford
Parish Hall**

Join us to celebrate
MEXICAN INDEPENDENCE DAY

- Genuine Mexican dishes
- Music & Dancing (both Mexican & British)
- Raffle (including some Mexican Art prizes)
- The famous Piñata
- Sorpresas!! (surprises)
- El "Grito de Independencia" by our President for the day.



*If you feel so inclined,
please
Come dressed in
suitable Mexican attire
(very much optional!)*

La Bamba

**Doors & Bar open
from 7.00 pm
Buffet at
7.30 pm**

**Tickets
£12.50 ea.
Entrance by ticket
only, which are
available from:
Mike Jones
mpjt51@hotmail.com
01588661145**

**Proceeds for
Parish Hall &
St Cuthbert's
Tower & Organ
repairs**

CSSC and Arts Alive present.....



Live theatre : "Forget me not "

*The Alzheimer's whodunnit - written and
performed by Rob Gee*

**Clungunford Parish Hall
October 20th at 7.30 pm £10.00**

Please call 01588 660152 to book

"Sharp witty and razor sharp !" - CBC

"Hilarious and heartbreaking " - Victoria Times

Please visit Rob at :

<https://www.robgee.co.uk/>

A touching funny and sensitive one man show - a murder mystery set in a dementia ward . Rob worked as a nurse in forensic medicine before becoming a full time comedian and performer -

A funny, warming and entertaining evening is assured!

HARVEST FESTIVAL



FRIDAY 6 OCTOBER

Service at St Cuthbert's at 7.00pm

followed by seasonal refreshments

ALL WELCOME

Flicks in the Sticks at Clungunford Parish Hall

Friday 22 September 2017 at 8pm

La La Land (cert 12a)

Sebastian (Ryan Gosling) and Mia (Emma Stone) are drawn together by their common desire to do what they love. But as success mounts they are faced with decisions that begin to fray the fragile fabric of their love affair, and the dreams they worked so hard to maintain in each other threaten to rip them apart.

Starring: Ryan Gosling, Emma Stone

Director: Damien Chazelle Drama/Romance

Entrance £4.00 Adults £2.00 Children

Licensed Bar, Ice creams, raffle (Donations welcomed),
good car parking

Tel: 01588 660727 (Ann) or 01588 660781 (Maureen)
(maureenrooney2012@gmail.com) for enquiries and
reservations

We now show all our films with subtitles

We are in the process of compiling an email list for anyone who would like to receive an email reminder each month of information on our forthcoming films including links to trailers and reviews.

If you would like to go on the list, please email:
mike@mikeandrewshomeopathy.co.uk with your details.

Flicks Curry Evening 2017 Clungunford Parish Hall

Advance notice is given of the forthcoming **Flicks Curry Evening** on **Friday 27 October**. This very popular event will be showing the film "**Lion**" at approx. 8pm with the curry meal at 6.30 pm prompt.

The bar will be open as usual.

This will be an all ticket event and all tickets **MUST** be booked and paid for prior to the event. The ticket price is £14 for the curry and the film, and tickets are available from either Judy Andrews (01588 660251) or Val Arbery (01588 660159). Please make cheques payable to: "Clungunford Village Path". The ticket numbers are restricted to 60, and are sold on a first come first served basis. From previous curry evenings the tickets sell out very quickly, so if you wish to join us for a superb curry and film don't delay in booking. All the profits made from the evening will go to the Parish Hall fund.

Any offers to help in the cooking of the curries will be gratefully received by Judy or Val.

"Lion" PG

In 1986, Saroo was a five-year-old child in India of a poor but happy rural family. On a trip with his brother, Saroo soon finds himself alone and trapped in a moving decommissioned passenger train that takes him to Calcutta, 1500 miles away from home. Now totally lost in an alien urban environment and too young to identify either himself or his home to the authorities, Saroo struggles to survive as a street child until he is sent to an orphanage. Soon, Saroo is selected to be adopted by the Brierley family in Tasmania, where he grows up in a loving, prosperous home. However, for all his material good fortune, Saroo finds himself plagued by his memories of his lost family in his adulthood and tries to search for them even as his guilt drives him to hide this quest from his adoptive parents and his girlfriend.

Starring: Dev Patel, Nicole Kidman, Rooney Mara
Director: Garth Davis

Club and Parish Hall News

I am sure most of you will have heard about the successful jazz night that was held at the Village Hall on the 16 June. This was the first event organised by the new events committee set up by the Sports and Social Club. It was a great evening with over 50 people coming to listen to the music by Elliott Sansom and his trio. Not everybody was a jazz aficionado but they still joined us for this first new event and the atmosphere with the tables laid out café style was very popular. We are planning a number of other performances over the coming months and we hope you will all join us when you see something that interests you. At the moment we have the performance from Rob Gee in October and a dance event in February. Details will be posted in *The Gunnas Gazette* and we will put up local posters. We would also like to get some ideas on other

events that local people would like to help put on. If you have any good ideas then please drop me an email at mtrustman@btinternet.com Matthew Trustman

The Parish Council

The next Parish Council meeting is due to take place at 8 pm on Wednesday 13 September in the Parish Hall. Everyone is welcome to attend. Parish matters before (or after) the meeting may be raised either with me or with our clerk, Brian Taylor (01588 660653: gunnasclerk@sky.com). Jonathan Roberts, Chairman (01588 660673: jonathan.roberts@morgoedestates.com)

Nursing Notes.....

I came across an article advising people how to avoid Cholera in 1465, it reads:

Cholera rises from May 8 to August 6. Then we should use cold and moist foods, work sparingly and use roast meat in small amounts as we often do before a meal. Drink should be diluted as much as possible so as to take away thirst and not let the body be hot, but we should totally avoid sex.

Another article reads:

One man's death by honey was another man's health boon for broken bones centuries ago in Arabia, if 16th century Chinese sources are to be believed. The story goes that elderly Arabian men would offer themselves up as sacrifices for the health of others. Consuming nothing but honey and even bathing in it, eventually putting out nothing but honey as bodily waste and perishing from this all – honey diet.

After death, the bodies were placed in stone tombs to steep in even more honey for at least a century. At this point they became delicious confections ready for black – market purchase and consumption.

Sister B

PS. Lessons I have learned from patients:-

After cooking with hot chillies, wash your hands thoroughly before touching your eyes, nose or other sensitive areas.

Jelly beans and hearing aids feel very similar in the dark.

If you are terribly, grossly obese, check your fat folds once in a while – you may find that TV remote.

Never take a sleeping pill and a laxative on the same night.

In The Garden

A sunny day in Clungunford and I've been pondering why Monty Don's garden, not that many miles away from here as the crow flies, seems to enjoy a far better climate than mine does and produce far better crops than mine does.

I have the theory that the garden is really somewhere in deepest Cornwall, not in Herefordshire at all. Or maybe it's my garden which isn't really where I think it is, because the climate it enjoys and the crops it produces seem sometimes more akin to those of the BBC's other garden, the Beechgrove Garden, which is situated somewhere far to the north, in Scotland.

It certainly seemed that way back in the spring, when the temperature went down to -4 degrees Centigrade one night, whilst the apple trees were in full flower, and as a result some trees had no fruit on them at all, some had the merest handful, whilst others shrugged off the effects of the frost and had a full crop.

Or a week or two ago, when the night time temperature went down to a ridiculously low for the time of year, 4 degrees Centigrade, for two nights in a row. Had my garden been transported further north then?

It was nowhere near as low as the -4 degrees in the spring, and not low enough to kill anything, but it did cause flowers and young fruit to drop as a result, and once plants have been affected like that it takes them a while to recover.

In the garden, wherever that garden may be, hopefully enjoying a few balmy nights for a while, look out for the violet-blue with deep orange eye scented flowers, carried above the green and glabrous with white undersides leaves, of *Buddleia 'Lochin'*. The butterflies love it. *Brian Taylor*

The 100 Club

Winners for July:

Special £100 prize: Alan Williamson

1. (£60) Geoffrey Rollason
2. (£30) Jonathan Starkey
3. (£15) Janet Thain

Winners for August:

1. (£60) Elizabeth Hughes
2. (£30) Hughes Family
3. (£15) Ann Hunt

If you would like to join (£5 per month by cheque (minimum 6 months) or even better by standing order), phone Maureen Rooney (01588 660781) or Mike Jones (01588 661145) or Jim Bason (01547 540782).

Now in our 21st year of publication, why not get your Gazette by email – join the digital age and enjoy the benefits of The Gazette in colour!

Send your email address to us

gunnasgazette@aol.com

Late Spring to Summer 2017 – Very Warm then Changeable and Wet later

After the very dry April, May was more average with a wet spell in mid-month. It was dry at the beginning and end of May, with some very warm days in the fourth week. June was wet for the first eleven days, then became dry and hot with maximum temperatures above 25°C for five days from 18-22nd (reaching 29°C on 20th).

The first half of July was warm and dry (with maximum temperatures reaching 28°C on 7th) but the weather changed on 20th to become cyclonic and wet for the rest of the month. This contrasted with a very anticyclonic July in 2016.

Up to 24th, August has been very changeable with sunny periods alternating with showers. We were in Cornwall for the first week and in spite of frequent forecasts of rain, the weather was quite good.

A notable feature of the weather was that the dry weather ended and it became much wetter and more changeable as soon as the schools broke up for the summer holidays. I have noticed this feature in several other years and wonder if it could be used in long-term forecasts. Alternatively, perhaps the school holidays could be changed. Of course, August is also the beginning of the harvest, so there may be a correlation there! *Mike Tucker*

Postcard from Africa

August has been a busy month for election monitors in Africa. Firstly in the small, central African republic of Rwanda, Presidential elections were held on the 4th, with the result that the incumbent president Paul Kagame was re-elected, with nearly 99% of voters backing him. He subsequently started his third seven-year term as President. While there have been no allegations of foul play in the election process, Rwanda has been very much a one party state, run by Mr Kagame, ever since the appalling genocide carried out by extremists in 1994. Opposition parties have been suppressed, potential political rivals either imprisoned or chased into exile and freedom of speech severely curtailed. On the positive side, the country has remained stable and the wounds of 1994 have been slowly healing. There has been remarkable economic development and significant poverty reduction and, by comparison, the neighbouring state of Burundi continues to be torn apart by inter-factional fighting and rivalry. So Rwanda presents something of a dilemma to the humanitarian and civil rights communities – is the population better served by a “benign dictatorship” or should more pressure be put on Kagame to allow greater freedom of expression and political plurality? The jury is still out on that question.

A few days after the Rwanda elections, general elections were held in Kenya, the economic powerhouse of East Africa. While there is, superficially at least, a much more pluralistic political environment in Kenya, voting patterns in the past have been closely associated with ethnicity and elections have tended to inflame traditional tribal rivalries. This year, for the third election in a row, the main opposition candidate for the Presidency was Raila Odinga, coming from the west of the country and standing against the incumbent Uhuru Kenyatta, whose support comes principally from the central regions. International observers were quite anxious about the process as 10 years ago, Mr Odinga

claimed that he was cheated out of victory and this resulted in widespread inter-ethnic violence across the country. Over 1000 people were killed, thousands more people were displaced from their homes and to this day have not been able to return.

The outcome of the election is that Mr Kenyatta has claimed victory with around 54% of the vote, but again Mr Odinga has called foul. It would be easy to say that it is just sour grapes on Mr Odinga's part and that he should accept the result, if it were not for the fact that a few days before the election, the man in charge of the software for the electronic voting equipment was found brutally murdered. It has been alleged that he was tortured to reveal passwords to allow the system to be hacked and results manipulated. Mr Odinga has refused to accept the result and has so far refused to follow the laid-down complaints procedure, claiming, probably with some justification, that the complaints procedure itself is also compromised. John le Carré couldn't have written it any better. While there have been some localised outbreaks of violence, fortunately there has been nothing on the scale of 2007, but this is a story that has yet to reach a conclusion.

Meanwhile, in South Africa president Jacob Zuma faced a vote of no confidence in parliament – the eighth he has had to face - based on accusations of corruption and economic mismanagement. He is increasingly criticised even by members of his own party and it was believed by many that on this occasion, where the vote was to be held in secret, he may at last be toppled. It was not to be however, a combination of party loyalty and concern for their own political futures resulted in Parliament returning him with a majority of 21 in the 400 seat assembly. However, South Africa's image has been seriously tarnished by the way that Zuma and his cronies run the country, the rainbow nation envisaged by Nelson Mandela is now no more than a dream. While it is sad that even in South Africa the political leadership is more concerned with the accumulation of personal wealth than the well being of the country, there is at least a credible political opposition who will continue to push for change through democratic processes rather than anything more extreme. *Rob Rees*

The Slow Ladies

Ride and Stride Saturday 9 September:

STRIDERS - please let me know if you intend **STRIDING** on 9 September. I have a sponsorship form if you need one. Thank you.

Thursday 28 September: Kington 3.5 miles - an easy walk beginning and ending in Kington with the surrounding countryside in between.

Meet in Parish hall car park at 9am or by the Tourist Office in Kington at 10am (near which is a car park). Bring a picnic.

Please let me know if you intend coming on this walk.

No Walk in October: I have run out of Thursdays. Perhaps another Slow Lady could organise one?

We are always pleased to welcome new faces and feet.

Pauline Mattison 01588 660596

Greetings from the Vicarage

Hello again everybody!

I hope you have all had a happy summer. It has flown by. Our summer programme has gone very smoothly and happily and provided a change from the norm in the Benefice round. Lots of walking and eating and playing and musing together with worship outside and in. And for me, alongside the Church's stuff, as many of the Wakes and Duck Races and Fetes as I could muster up the energy for. And the Holiday Club here was a triumph this year.

Last week was a corker of a summer climax for me with activity spread across the whole Benefice including two weddings on the same day ... remind me never to agree to doing that again! But both were happy and went smoothly. The next day I woke up looking as though I had done a few rounds with Mike Tyson .. my right eye was totally bloodshot and I could hardly see out of it. The second wedding had a Church stuffed with beautiful smelling plants and I think I might have had an allergic reaction. Anyway I had to do the two Christenings and the Pet Service (a first for me so a bit scary) one-eyed! And being Bank Holiday Weekend of course there was nowhere to go to get it looked at.

Back to weddings ... interestingly, when looking at the Registers for St Cuthbert's we realised how infrequent weddings have been at Clungunford, something like nine years since the last one. So it is great that this year there are two here. The second is towards the end of November! Similarly with Baptisms, they too seem to be a rarity. St Cuthbert's is such a beautiful Church and lends itself so well to our celebrations ... let's encourage people to come and see it and to use it.

Well when you get to read this schools will be starting up again and there will be many knocking knees as small people, and not so small people, begin new chapters in their lives either in a new school, a new class, college, or facing the world of work for the first time. Let's spare a thought for them. And a good time to remind ourselves that there is always more to learn however old we are.

Along with the new school year comes the round of Harvests in the Benefice. One of my intense times, and in the countryside, a time when what we do in Church really makes some sense as we give thanks for achievements both in the fruits of our labours and our lives and a time to pray for all that goes on in our communities. Clungunford's Harvest Service has the added extra of the presence of the Village Choir, a great treat and a wonderful excuse for a community gathering. Hope to see you there!

After Harvests are over I have my belated "Summer" holiday. I'm hoping the pressure will have subsided a bit as I have booked to go to Ischia for my break this year... seriously, a reminder to pray for all those affected by freak weather events this summer - earthquakes, forest fires, floods .. as well as the man-made threats that overshadow peoples' lives in so many parts of the world these days.

Love and Peace! *Annie and Red*

Rev. Annie Ballard, Vicar for St. Cuthbert's and for the six other parishes of the Middle Marches Benefice, can be contacted on 01547 530030. Her email address is:

revannie.middlemarches@gmail.com

(Please do leave a message and I will get back to you asap)

Parish Church News

Please note that the recently devised pattern for Sunday Services for the Benefice is followed for the month of September, but is changed for October, so that Rev. Annie Ballard is able to hold a Benefice gathering, before her holiday. Further details of this event will be available in the Deanery magazine, but dates for October, for St. Cuthbert's, are shown below.

Should you need more information about services, events etc. or about receiving the Deanery magazine, please contact Gordon Schofield: 01588 660158 or Michael Jones 01588 661145

SERVICES at CLUNGUNFORD in the Middle Marches Benefice for September and October 2017. Please note that the services below will be at St Cuthbert's unless otherwise stated.

Sunday 3 September	No service at St Cuthbert's	Holy Communion, at 9.30 am at Chapel Lawn; and 11.15 am at Hopton Castle
Sunday 10 September	10.00 am	Family Service. Lay led service for all. Refreshments will be served after the service
Sunday 17 September	10.00 am	Morning Worship. Lay led Service of Praise. Refreshments will be served after the service
Sunday 24 September	11.00 am	Holy Communion. Led by Rev Annie Ballard. With coffee etc. after the service.

Sunday 1 October	Morning	Benefice Service. "Vision" Celebration at Bedstone to be followed by lunch
Friday 6 October	7.00 pm	Harvest Festival Service with the Village Choir, followed by supper at the church
Sunday 8 October	No service at St Cuthbert's	Please check for details of other services in the Benefice
Sunday 15 October	10.00 am	Family Service. Lay led service for all. Refreshments will be served after the service
Sunday 22 October	10.00 am	Morning Worship. Lay led Service of Praise. Refreshments will be served after the service
Sunday 29 October	11.00 am	Holy Communion. Led by Visiting Celebrant*. With coffee etc. after the service

* Please note that cover for the Vicar's annual leave has been arranged for Services of Holy Communion in the Benefice on 22 and 29 October and 5 November. Please see October edition of the Deanery magazine for details.

From the Parish Registers and Recordings

Since the last edition of *The Gazette* the following can be reported:

On Saturday the 26th of August Daniel Mellings and Charmaine Kerswell were married at St. Cuthbert's. They were blessed with sunshine. May they enjoy an abundance of blessings, in the years ahead.

Work outside the church Thanks must be expressed to those who have continued with outside work at the church, especially to all who, in recent weeks, have worked on, or contributed to the laying of slabs, dealing with weeds on the path and contributing to and distributing additional gravel. In addition, work in the churchyard itself has been improved with a new mower, which Gordon Price has greatly appreciated. Thanks to those who mow and tidy. Offers of help with manual work, would be most welcome. (Contact phone numbers above)

REMINDER
SATURDAY 9th SEPTEMBER IS "RIDE AND STRIDE" AND 'OPEN DAY' at ST CUTHBERT'S

If you wish to participate as a 'Rider' or a 'Strider' and haven't yet indicated that to the leaders of the groups, please do so without delay.

Striders please contact Pauline - 01588 660596, or Riders, Gordon - 01588 660158.

The riders will move off from the church at 9.30 a.m. Should you wish to sponsor those involved, that will be appreciated. Funds raised are shared between the Shropshire Historic Churches Trust and St. Cuthbert's.

OPEN DAY

On that same Saturday 9th September, the church is OPEN ALL DAY to visitors. Everyone is welcome to come along, and refreshments will be served throughout the day, from 10.30 onwards. Offers of help will be welcomed (01588 660158).

Come for coffee/ tea times or for lunch. All served without charge. Plan to meet with friends and enjoy the hospitality.

It is always a worthwhile effort, in every way!

Thanks re Holiday Club Holiday Club was a great success, with more children registered than ever before. A report can be found elsewhere in the "Gazette", but a tribute needs to be paid to Catherine Lishman, who planned and organised "Cuthbert to the Rescue", with considerable flair, dedication and enthusiasm. She was aided by an excellent number of staff, who fulfilled a variety of roles and helped to provide fun and worthwhile activities for all. Thanks to everyone who was involved.

Holiday Club 2017 "Cuthbert to the Rescue"

Yet again we had a very successful week with thirty six children enrolled, an amazing number of whom returned each day. As usual, the atmosphere was relaxed and productive, with children happy to join in with the activities on offer. Each day they partook in art/craft and sporting activities, enjoyed delicious refreshments and had time to just play! We had visits from Jenny, the 'hedgehog rescuer', Lin the 'community first responder', Culain the 'bee rescuer' and the fire crew from Craven Arms found time in their busy lives to bring along the fire engine which was enjoyed by children and adults alike (see photos on back page)! Daily sporting activities were provided by either Mike from Leintwardine or Barbara from Clunbury and their activities probably accounted for the huge amount of food and drink consumed by the children!

The area from which the children came was quite wide. We had a mixture of local children and those visiting family/friends, some of whom had come from as far away as Spain and Peru! It was lovely to welcome the children from a new family to the village. I know from experience how much they will benefit from contacts and friendships made this week.....my son and I first attended St Cuthbert's holiday club nine years ago, two weeks after we moved to Shropshire from London! I would like to thank everyone who helped to make the week go so well. Having a team of at least fifteen helpers each day (from a bank of twenty three!) means we always have time to talk to, and interact with, the children, ensuring they feel safe and secure. There are lots of other people who contribute in a variety of ways behind the scenes by preparing an amazing array of treats for snack time, by cleaning the church facilities each day or cutting the grass to prepare it for sport. Thank you to everyone, children and adults who made the week such a great success. *Catherine Lishman*

Material for the next edition

Material for the next *Gazette* should please be with us by **25 October**. Email to gunnagazette@aol.com or deliver to Clungunford House (black box in porch)



Following the successful event in June, our next performance is on Friday **6th October** featuring the Sean Gibbs Five Piece Band *Fervour*. Sean, the renowned trumpet player is known for his work with the Scottish National Jazz Orchestra and the Birmingham Jazz Orchestra. Fervour's music influences draw from a Jazz tradition alongside the grooves of blues, rock and more; so there's a fantastic night of music ahead, please join us. Our October performance will take place at the ***Shropshire Hills Discovery Centre in Craven Arms***. We will be using the centre's fantastic purpose built auditorium to stage this unique first performance. Seating is limited in this venue so please make your reservations at our email clunvalleyjazz@gmail.com or calling **01547 530100**. Reservations can also be made at the Discovery Centre on **01588 676060**. The jazz starts at 8.00, doors open at 7.00 with a full bar service. Tickets are £12.00 RVSP

<https://m.youtube.com/watch?feature=youtu.be&v=TUB-G1j5WBQ>



Holiday Club children listen intently... and then jump into a fire engine

Advance notice for November

Ceilidh (pronounced 'kay-lee')
noun
1. a social event with Scottish folk music and traditional dancing. Usually accompanied by alcohol and food.



The Winter Ceilidh!

Clungunford Parish Hall

Fri 10th November

Doors open 7pm

Music from 7.30pm until late

Featuring super local ceilidh band 'HiJinx'

- 3-piece traditional Scottish ceilidh band.....
- A dance-caller to help you with the moves.....
- Food included at the break - traditional Scottish 'stovies' or veggie alternative....
- The bar will be open all evening.....
- All profits to go to the Parish Hall.

Tickets ONLY £15 – includes food

Tickets are limited so to reserve your tickets please

email max01324@gmail.com

or call Max on 01588-661044 / leave a message.

CLUNGUNFORD VILLAGE CHOIR

We are a community choir of people who love singing together based in Clungunford near Craven Arms.

Anyone who lives in the area round Clungunford and who enjoys singing is welcome whether or not they read music and there are no auditions.

We meet every Wednesday in Clungunford Village Hall to sing a wide range of music in a warm, friendly, supportive atmosphere.

We are not a church choir but we support our village church at Harvest and Christmas and give our Annual Summer concert there. We perform at the Clungunford House Christmas Country House Carols Event.

If you live locally, would like to join us and you would like more information please contact our conductor Iain Wright on 01746712137 or email him at iw@iwright.co.uk.

We would love to welcome you to sing with us.

First meeting Wednesday September 6th

7.30 p.m. in the Village Hall